

City of Shelton  
Shelton Senior Center  
81 Wheeler Street  
Shelton, CT 06484  
(203) 924-9324

**Minutes**  
**Shelton Senior Commission**  
**September 11, 2007**

The September 11, 2007 meeting of the Shelton Senior Commission was called to order by William Smarz at 4:05 p.m., in the conference room of the Shelton Senior Center. The pledge was recited by all present.

**Commissioners in Attendance:**

William Smarz  
Joseph Coleman  
Shirley Keller  
Gerri DeMarco  
Jill Bruno  
Roger J. Spinelli

**Also Attending:**

Ellen Shaw  
Kathy Ramia

**Absent:**

Barbara Arsenault  
James Martin

**PUBLIC PORTION:**

None

Mr. Smarz welcomed Gerri DeMarco and he requested a moment of silence for Representative Richard Belden.

**PREVIOUS MINUTES:**

**A MOTION WAS MADE BY JOE COLEMAN TO ACCEPT THE JULY MINUTES. SHIRLEY KELLER SECONDED. MOTION PASSED.**

**TREASURER'S REPORT:**

The Treasurer's report for the month end July 31, 2007 was read by Corie Blanck, reporting a balance forward of \$7,369.06, receipts \$136.32, disbursements \$0.00 leaving an ending balance of \$7,505.38. Five \$10,000.00 CD's totaling \$50,000.00 maturing at different dates. The first CD matured on July 5<sup>th</sup> and was renewed at a rate of 4.89% for 8 months. It received \$525.26 in interest.

**A MOTION WAS MADE BY GERRI DEMARCO TO ACCEPT THE JULY TREASURER'S REPORT AS READ. JILL BRUNO SECONDED. MOTION PASSED.**

The Treasurer's report for the month end August 31, 2007 was read by Corie Blanck, reporting a balance forward of \$7,505.38, receipts \$103.75, disbursements \$50.00 leaving an ending balance of \$7,559.13. Five \$10,000.00 CD's totaling \$50,525.26.00

maturing at different dates. A second CD matured and \$456.69 interest was received leaving a combined balance of \$58,541.08.

**A MOTION WAS MADE BY JILL BRUNO TO ACCEPT THE AUGUST TREASURER'S REPORT AS READ. ROGER SPINELLI SECONDED. MOTION PASSED.**

**A MOTION WAS MADE BY ROGER J. SPINELLI TO ACCEPT THE JUNE, JULY AND AUGUST TREASURES REPORT OF THE MEMBERSHIP COUNCIL. GERRI DEMARCO SECONDED. MOTION PASSED.**

**DIRECTOR'S REPORT:**

Ellen Shaw reported that the Senior Center slowed down a little during the summer especially during the heat waves. She reported that Norma is absent and it is not known when she will be able to return to work. The response to parties and the talks at the center has been good. Ellen met with Sandy Nesteriak and the Risk Management Agent from the Insurance Agency in August. He made a couple recommendations for the kitchen. The recommendations were to put yellow tape on the floor around the boiler three feet away from it and to move the can opener to prevent any contamination from the pipe above it. After some discussion it was decided Ellen would check on a new can opener and look into covering the pipe. Mr. Smarz also mentioned the need for a new 3-speed fan in the kitchen. A new program called Maturity Works has a program that hires low-income people 55 and over and trains them. They contacted Ellen and the kitchen now has someone working 4 hrs. per day 5 days a week to help Annie in the kitchen. This is a Title IV program. The government pays her and she is covered by Maturity Works' Insurance. Mr. Smarz stated she is doing very well working with Annie. Ellen was invited to a Recognition Tea given by the Agency on Aging-South Central Connecticut. She received a Certification of Appreciation for the partnership with Choices Program, which educates the public on Medicare Part-D benefits. Along with the certificate of appreciation was a check for \$1,000.00. Ellen stated she might see if Jerry Mattingly, the Choices counselor needs anything. Or she thought she might be able to pay for speakers. She asked for other suggestions from the Commission. It was decided to have Kathy Ramia put it in a separate account until Ellen decides what is needed. The Caregivers group will begin their meetings October 2<sup>nd</sup>. It will be a tour of the United Methodist Homes. Then the meetings will be at the Senior Center on the first Tuesday of the month beginning in November. Ellen is in the process of planning a Women's Health Program on October 16<sup>th</sup> at 9:15 a.m. to 1:00 p.m. She will be working with the Visiting Nurses of Stratford. A women's doctor will be coming along with a speaker from the bank, a speaker on weight loss and a pilates session. Ellen has been approached by the United Methodist Homes. They would like to sponsor a program at the center for caregivers and seniors. They would like to have it October 17<sup>th</sup> at night. Beth Baker a well-known speaker will speak on the topic of Institutionalizing Long Term Care. There will be a supper and it will be held from 5:30 p.m. to 7:30 p.m. Ellen asked the Commission if they would be allowed to use the building. The Commission agreed to let them use the building stating that it fits within the guidelines and will benefit out seniors. Ellen will ask the Center's custodians to set up the tables and chairs. United Methodist Homes will take care of the supper and the registration. They are expecting 30 to 50 people.

**A MOTION WAS MADE BY GERRI DEMARCO TO ALLOW THE UNITED METHODIST HOMES TO HOLD THEIR LONG TERM CARE PROGRAM AT THE SENIOR CENTER ON OCTOBER 17, 2007. JILL BRUNO SECONDED. MOTION PASSED.**

Ellen stated she has many programs in the works. The Elderly Response Team will sponsor a talk given by Dr. Lee at the Senior Center, October 3, 2007 @ 9:15 a.m. The Traid is helping out, and the exercise, tai-chi, and Bingo will be cancelled for the day. There will also be no lunch that day. The cost of the program will be \$45. Joe Coleman doesn't like precluding seniors from the facilities. He suggested the Commission should be selective and careful in allowing groups to use the Center. Mr. Smarz stated each case would be looked at individually. Joe Coleman referred the Commission to Article 3, section D, page 7 of the by-laws.

**A MOTION WAS MADE BY ROGER SPINELLI TO ACCEPT THE AUGUST DIRECTOR'S REPORT. JILL BRUNO SECONDED. MOTION PASSED**

**OUTSTANDING BILLS:**

none

**REPORTS OF COMMITTEES:**

Joe stated the sign is not quite ready. Bill and Joe were looking at the sign and they didn't like the font of the S. Bill asked them to curve it a little more. In the process they lost the font. When the correct font is found it will be faxed to Joe and Bill for their approval. They would like it to be in the ground by the Christmas Fair on November 17<sup>th</sup>. Roger presented a report on his Arts and Crafts Class. Mr. Smarz asked Roger if he might be able to find someone to teach classes. Roger reported the classes are working on baskets with many different themes and wreaths for the fair. They also cleaned the Arts & Crafts room.

**A MOTION WAS MADE TO ACCEPT ROGER SPINELLI'S COMMITTEE REPORT. GERRI DEMARCO SECONDED. MOTION PASSED.**

**OLD BUSINESS:**

Ellen reported the volunteer badges are now in use. She stated there was a little confusion at first, which she straightened out right away.

**NEW BUSINESS:**

Mr. Smarz brought up for discussion the process of welcoming new members to the center. Ellen stated she tries to introduce people to others with the same interests. Sometimes other members will show someone around. Some discussion took place and suggestions were made. Joe Coleman stated maybe listing the activities with a key for what days they take place. Having a volunteer was discussed.

The new attendance policy update was sent to Commission members. Mr. Smarz asked that the Commission read it and put it in their Policies and Procedures books.

**A MOTION WAS MADE BY JILL BRUNO TO ADJOURN THE MEETING AT 5:30 P.M. JOE COLEMAN SECONDED. MOTION PASSED.**

Attested to: \_\_\_\_\_ Date: \_\_\_\_\_