



SHELTON COMMUNITY POOL SCHEDULE
www.cityofshelton.org, Community Services, Recreation Center

June 22, 2009 – July 18, 2009

Cancellation Line: 331-4120
 For info concerning weather-related openings, closings & cancellations.
 Closed for 30 minutes after last thunderclap.

ADULT SWIM = 18 yrs & up OPEN SWIM = All ages

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
ADULT SWIM 6:00 - 9:30 am *** H2O Aerobics 8:45 - 9:30 am	ADULT SWIM 6:00 - 9:30 am *** H2O Aerobics 8:45 - 9:30 am	ADULT SWIM 6:00 - 9:30 am *** H2O Aerobics 8:45 - 9:30 am	ADULT SWIM 6:00 - 9:30 am *** H2O Aerobics 8:45 - 9:30 am	ADULT SWIM 6:00 - 9:30 am *** H2O Aerobics 8:45 - 9:30 am	ADULT SWIM 7:30 - 8:30 am	ADULT SWIM 8:00 - 9:30 am		
OPEN SWIM 9:30-10:45 am *** Parent/Child 9:30 - 10:30 am *** Preschool 9:30 - 11:00 am	OPEN SWIM 9:30-10:45 am *** Parent/Child 9:30 - 10:30 am *** Preschool 9:30 - 11:00 am	OPEN SWIM 9:30-10:45 am *** Parent/Child 9:30 - 10:30 am *** Preschool 9:30 - 11:00 am	OPEN SWIM 9:30-10:45 am *** Parent/Child 9:30 - 10:30 am *** Preschool 9:30 - 11:00 am	OPEN SWIM 9:30-10:45 am *** Parent/Child 9:30 - 10:30 am *** Preschool 9:30 - 11:00 am	POOL CLOSED Dates: 07/11 – 08/01 8:30 – 11:45 am for Swim Lessons Note: Additional days may be necessary to accommodate cancellations.	OPEN SWIM 9:30-11:45 am		
POOL CLOSED 10:45 - 12:15 pm RAPIDS Swim Team (4) 8 Lanes	POOL CLOSED 10:45 - 12:15 pm RAPIDS Swim Team (4) 8 Lanes	POOL CLOSED 10:45 - 12:15 pm RAPIDS Swim Team (4) 8 Lanes	POOL CLOSED 10:45 - 12:15 pm RAPIDS Swim Team (4) 8 Lanes	POOL CLOSED 10:45 - 12:15 pm RAPIDS Swim Team (4) 8 Lanes	POOL CLOSED 11:45 - 1:00 pm NO LOCKER ROOM ACCESS	POOL CLOSED 11:45 - 1:00 pm NO LOCKER ROOM ACCESS		
ADULT SWIM 12:15 - 1 pm	ADULT SWIM 12:15 - 1 pm	ADULT SWIM 12:15 - 1 pm	ADULT SWIM 12:15 - 1 pm	ADULT SWIM 12:15 - 1 pm				
OPEN SWIM 1 – 5:00 pm Reduced LAP SWIM Area *** Summer Sessions 1 – 4:15 pm 2 Lanes *** Physical Therapy 1:30 - 2:30 pm 2 Lanes	OPEN SWIM 1 – 4:30 pm Reduced LAP SWIM Area *** Summer Sessions 1 – 4:15 pm 2 Lanes *** Physical Therapy 1:30 - 2:30 pm 2 Lanes	OPEN SWIM 1 – 5:00 pm Reduced LAP SWIM Area *** Summer Sessions 1 – 4:15 pm 2 Lanes *** Physical Therapy 1:30 - 2:30 pm 2 Lanes	OPEN SWIM 1 – 4:30 pm Reduced LAP SWIM Area *** Summer Sessions 1 – 4:15 pm 2 Lanes *** Physical Therapy 1:30 - 2:30 pm 2 Lanes	OPEN SWIM 1 – 5:00 pm Reduced LAP SWIM Area *** Summer Sessions 1 – 4:15 pm 2 Lanes *** Physical Therapy 1:30 - 2:30 pm 2 Lanes	OPEN SWIM 1 - 3:30 pm	OPEN SWIM 1 - 3:30 pm		
					POOL CLOSED 3:30 pm	POOL CLOSED 3:30 pm		
ADULT SWIM 5 - 6 pm	OPEN SWIM 4:30 - 6:45 pm Reduced LAP SWIM Area *** Swim Lessons 4:30 - 6:45 pm 2 Lanes *** Scuba = 6 - 9 pm	ADULT SWIM 5 - 6 pm	OPEN SWIM 4:30 - 6:45 pm Reduced LAP SWIM Area *** Swim Lessons 4:30 - 6:45 pm 2 Lanes *** Scuba = 6 - 9 pm	ADULT SWIM 5 - 6 pm	<p align="center">PLEASE NOTE:</p> <p>1) <i>SPECIAL PROGRAMS</i> may be scheduled in at any time!</p> <p>2) CIRCLE SWIMMING MUST BE FOLLOWED with 2 or MORE swimmer's in any lane</p> <p>3) LOCKER ROOM ACCESS is 5 minutes before the pool opens at anytime. NO EXCEPTIONS!</p> <p>4) RAPIDS Swim Team runs through mid-July 2009.</p> <p>POOL: 25 x 20 yards, 8 lanes, 4' - 9' deep NO DIVING</p>			
OPEN SWIM 6 - 8:45 pm Reduced LAP SWIM Area *** Swim Lessons 6 - 8:15 pm 2 Lanes	POOL CLOSED @ 6:45 pm Scuba / Master's Swimming 7-8 pm *** Adult Swim Lessons & H2O Aerobics 7 - 7:45 pm	OPEN SWIM 6 - 8:45 pm Reduced LAP SWIM Area *** Swim Lessons 6 - 8:15 pm 2 Lanes	OPEN SWIM 4:30 - 6:45 pm Reduced LAP SWIM Area *** Swim Lessons 4:30 - 6:45 pm 2 Lanes *** Scuba = 6 - 9 pm	OPEN SWIM 6 - 8:45 pm *** Swim Lessons 6 - 8:15 pm 2 Lanes				
	OPEN SWIM 8 - 8:45 pm *** Scuba = 6 - 9 pm		POOL CLOSED @ 6:45 pm Scuba & Master's Swimming 7-8 pm *** Adult Swim Lessons & H2O Aerobics 7 - 7:45 pm	OPEN SWIM 8 - 8:45 pm *** Scuba = 6 - 9 pm				
POOL CLOSED @ 8:45 pm	POOL CLOSED @ 8:45 pm	POOL CLOSED @ 8:45 pm	POOL CLOSED @ 8:45 pm	POOL CLOSED @ 8:45 pm				

Pool Schedule

SHELTON POOL RULES & REGULATIONS

- 1) Admission by presentation of membership card or receipt for payment of a daily \$4 fee. Sunday admission by receipt of payment for a special \$2 fee. **Exact change is required.** Replacement fee for a lost membership card is \$5/card.
- 2) *A minimum of 2 lifeguards must be in attendance while the pool is in use. Do not visit with the lifeguards on duty.*
- 3) Children under 12 years of age ***must be accompanied into the water and supervised by an adult at least 18 years of age.*** All non-swimming (*unable to make & maintain good forward progress in the water unassisted or unsupported by an adult or floatation device*) children require two-on-one adult supervision. Any adult accompanying a non-swimming (*unable to make & maintain good forward progress in the water unassisted or unsupported by an adult or floatation device*) child may be no more than one arms length away from the child while in the pool. Make & maintain good forward progress requires swimming 25 yards non-stop with a stroke on the front or the back or a combination. *Children under 7 years of age may accompany the opposite sex parent into the locker rooms.*
- 4) Spectators must remain in the gallery. **Everyone must remove street shoes (street shoes are any type of footwear worn at anytime outside the pool area) upon entering the locker rooms and the pool deck.**
All spectators are to follow the direction of the pool staff while pool is in session.
- 5) **State Laws:**
 - a) **Bathing suits only** in the pool. *Cut-offs, T-shirts, disposable diapers or Bermuda shorts are not permitted.*
 - b) **Infants and untrained children must wear tight fitting rubber pants.** Disposable diapers or disposable swim diapers are not allowed.
 - c) **All persons shall bathe with warm water and soap immediately before entering the pool.**
 - d) **Persons with severe infections or cuts are not permitted in the water.**
 - e) **Spitting or blowing of the nose into the pool or gutters is prohibited.**
- 6) **No diving, running, horseplay, smoking, food, beverages, gum, glass containers or bottles** allowed in the pool area, locker rooms, shower, or gallery.
- 7) Beach balls, inner tubes, bubbles, water wings, inflatables, face masks*, snorkels*, fins*, etc. are not allowed during general swim hours. *Require a doctor's note for therapeutic use. *Lifejackets/PFD's are allowed at the pool staff's discretion and must be U. S. Coast Guard approved.*
- 8) **No bandages** or bobbie pins allowed in the pool.
- 9) Only one person on a ladder at a time.
- 10) Recreational swim hours will be posted and printed copies made available.
 - a) Rental request by written application 30 days in advance.
 - b) *The Parks & Recreation Department reserves the right to schedule swim lessons, adult lessons, team practices, swim meets, special events, & to limit the capacity of the pool for health & safety reasons, at anytime.*
 - c) Patrons must leave the pool area 15 minutes before closing time and clear the locker room facilities by closing time.
- 11) **Violation of any rules may result in loss of pool privileges.** Amendment to pool rules voted into effect 2/6/1992.
 - a) **Amendment** - Any patron who becomes verbally abusive, or does not adhere to the rules and regulations adopted by the Parks and Recreation Commission will be suspended as follows:
 - 1st Offense = 1 month suspension
 - 2nd Offense = 6 month suspension
 - 3rd Offense = Indefinite suspension
 - 1) **Any threat of physical abuse will result in an indefinite suspension.**

Any patron suspended may make a written request for a hearing before the Parks and Recreation Commission within 5 days of receipt of notification of suspension.