

Shelton Community Center Pool

www.cityofshelton.org, Community Services, Recreation Center, Pool Information

Little People's Aquatic Programs



NEW AMERICAN RED CROSS Swimming & Water Safety Programs *Spring 2010*

Course registrations are taken in the evening on the date noted under each program.

Registrations can be made for your immediate family plus ONE other family. NO EXCEPTIONS!!!

- ♥ Residents begin @ 7:00 pm - **Proof of residency required**
- ♥ Non-residents begin @ 7:30 pm if **space is available**

- ☺ *Birth Certificates required as proof of age & family relationship.*
- ☺ *Children MUST be the proper age BEFORE the program begins.*
- ☹ **Registrations cannot be accepted after 12:00 noon the day before any program start date.**
- ☹ **Shelton Parks & Recreation Department has a No Refund Policy.**


In Case of Inclement Weather Call
☎ **Cancellation Line: (203) 331-4120**



OOPS!!! Every effort has been made to prepare this brochure as accurately as possible, however adjustments may need to be made to dates, times &/or fees. We apologize in advance should you find an error or any inconvenience these errors or adjustments may cause.

City of Shelton

Parks & Recreation Department
41 Church Street, Shelton, CT 06484-0668

 (203) 925-8422



(203) 929-3692 FAX

 Info/Cancellation (203) 331-4120

www.cityofshelton.org, [Community Services, Recreation Center](#)

PARKS & RECREATION COMMISSION

John Papa, Chairman

Diana Barry, Allyson Burke, Gary Cahill, Joseph DeFilippo,
Paul Gabor, Michele Haywood, Stanley Kudej,
Harry Labonda, David Zamba, Robert Zuraw

PARKS & RECREATION DEPARTMENT

Ronald Herrick, Jr., Director

Ann Marie Boehlert, Aquatic Director

Dean Cawthra, Parks Superintendent

James Mastrony, Recreation Supervisor

Ellen Godfrey, Administrative Clerk

Parents' Guide to Swim Lessons

Welcome to our children's swimming program! We are currently the largest provider of swim lessons in our *American Red Cross* chapter.

The criteria for participation in the group levels of the **Preschool Aquatics** program is that the child must be able to participate as one of a minimum number of six students, for thirty minutes, WITHOUT the parent(s) or guardian(s) present.

The criteria for participation in the group levels of the **Learn-to-Swim** program is that the child must be able to participate as one of a minimum number of six students, for forty-five minutes, WITHOUT the parent(s) or guardian(s) present.

This program utilizes the *American Red Cross* Swimming & Water Safety Aquatic Programs. These are the national standards & guidelines under which our staff is certified to teach the *required* swimming & non-swimming water safety skills for each skill level.

We reserve the right to remove any child from the program whose behavior compromises the overall safety of the Learn-to-Swim program. This includes verbal as well as physical behavior.

We reserve the right to move any child up or down within the levels according to the skills that the child demonstrates the 1st day of class. If there is not space available, we will shred your check the following business day.

Only by *successful mastery & consistent demonstration of all the skills required* under each level can a participant successfully move to the next swim level & receive an *American Red Cross* certificate of completion card.

The following information is provided to assist you & your child in having a pleasant experience in our program.

- 1) The entire aquatic staff holds *American Red Cross* certifications in Standard 1st Aid & CPR/AED: for the Professional Rescuer. The guard staff holds an additional certification in Lifeguarding. All swim lesson instructors are certified Water Safety Instructors. In addition, some staff are also certified Lifeguard Training Instructors.
- 2) The safety of your children is our 1st priority & is best maintained if parents are allowed to view the 1st & the 8th class of any session. During subsequent lessons, the pool area & pool gallery will be cleared of spectators.

Research has indicated that:

- a. Children can be distracted by their parents' presence during lessons.
- b. One of the instructional goals is to provide your child with a fun & positive learning opportunity with their peers while developing separation skills.
- c. Increased noise level in the pool from the gallery can inhibit the lifeguards & instructors from hearing a swimmer in need of assistance.
- d. Parents can unintentionally distract lifeguards when they call them over to the gallery to ask a question or allow other young children to run & play in the gallery area.

Please note that the last class of a session may occur on a make-up date.

- 3) Address any questions to your child's instructor after the class has been dismissed. If the instructor is unavailable due to teaching another class, please leave a written message along with a phone number where you can be reached for the instructor. If you need additional information please contact the Aquatic Director.
- 4) ***Swimming skills are acquired & taught differently.*** Your child will progress at his or her own pace: some will move quickly at first while others progress more slowly. Remember to encourage your child with their own progress & avoid comparisons to classmates or other classes. Keep the entire learning process as much fun as possible. ***The more practice time you as a parent can give your child with his/her new skills, the quicker he/she will progress through the levels.***
- 5) ***To facilitate instructor preparation for any special needs*** (ex: hearing, speech, developmental or sight deficits, seizures, etc.) your child may have before the class begins, ***be sure you have written it on the registration form.***
- 6) Please do not ask to have your child placed with a certain instructor, as ***we are unable to honor these requests.*** We have found that children tend to progress faster when they are exposed to a variety of teaching styles.
- 7) Infants or untrained children taking part in the ***Parent & Child*** or ***Preschool*** classes are required by state health code to be wearing tight fitting vinyl pants. ***Disposable diapers or disposable swim diapers are not allowed.*** Permanent or washable/reusable swim diapers are acceptable. The goal is to prevent any bowel movement from entering the pool water & thus causing an extended pool closure.
- 8) **Locker Rooms MUST BE CLEARED by the TIMES POSTED on the POOL SCHEDULE.**
- 9) The Park & Recreation Department reserves the right to cancel or combine classes. If a class is canceled due to lack of enrollment, registrants will be notified by phone & check shredded.
- 10) **Children must be the proper age or in the proper grade before any session begins.**

Finally, the next few pages are provided to help you place your child in the proper swimming level.

☺ **Thank-you & enjoy our program.**

Registration Procedure



- Course registrations are taken in the evening on the date noted under each program on a **first come first serve basis**.
- Complete registration form on last page, tear off at double line & return to [Pool Office](#) with **check Only** made payable to the **City of Shelton**.
- Registrations can be made for children in your immediate family plus ONE other family. **NO EXCEPTIONS !!!**
- Copies of birth certificates are required as proof of relationship & age.
- Resident registrations are taken from 7:00 pm to 7:30 pm with proof of residency required.
- Open registrations are taken from 7:30 pm to 8:00 pm as long as space is available.
- Space availability is determined by instructor availability at any given time for a particular program.
- Waiting lists are NOT taken for any program.
- **VALID membership cards** or a note from the main office **must be shown at time of registration** to qualify for the member fee rate.
- Registrations will be taken as long as there is space available **until 12:00 noon the day before** any program start date.
- Please be sure to register in a timely fashion **IF** you cannot make the registration date & time.
- Registrations cannot be accepted after 12:00 noon the day before any program start date!!!
- **Late registrations** cannot be accommodated after 12:00 noon the day before any program start date. **NO EXCEPTIONS !!!**
- No early course registrations will be taken!! NO EXCEPTIONS !!!

FEE PAYMENT

- \$ Fees are to be paid by **CHECK ONLY**, made payable to the [City of Shelton](#).
- \$ Fees are broken down into 3 categories: pool member, Shelton resident, non-resident.
- \$ *The pool member rate applies to the individual taking the course with a valid pool membership.*
- \$ *The Shelton resident rate applies to the individual taking the course who is a resident or taxpayer to the City of Shelton.*
- \$ Bring proof of residency or bring proof that taxes have been paid to the City of Shelton only if you reside elsewhere but own property in Shelton.

PROGRAM SESSION CANCELLATION

If there are not enough registrations by 12:00 noon the day before any program start date, the session will be canceled. Coming in on the day the session is to begin will not resurrect it. Each class offering requires a minimum number of paying participants in order to run.

The number must be met before 12:00 noon the day before any program start date, or the program is cancelled.

CLASS MAKE-UP POLICY

★ If at anytime the Park & Recreation Department must cancel a class due to weather conditions or health & safety factors [the make-up class will be added to the end of the course session UNLESS ½ of the class has been taught.](#)

★ Late opening or inclement weather does not necessarily mean the class is canceled. **Call the cancellation line (203) 331-4120.**

★ There are no accommodations for any individual missed classes.

A REMINDER from the Parent's Guide to Swim Lessons

The safety of your children is our 1st priority & is best maintained if parents are allowed to view the 1st & last *scheduled* class of any session. *During subsequent lessons, the pool area & pool gallery will be cleared of spectators.*

Please note that the last class of a session may occur on a make-up date.

Locker Rooms must be cleared by the times posted on the pool schedule.

Swim Level Placement Guide



The following guide has been prepared from the *American Red Cross* Swimming & Water Safety Aquatic Programs to assist parents in placing their children in the proper swim level for the child's swimming ability within the *Learn-to-Swim Levels, Preschool Aquatics Program* or the *Parent & Child Aquatics Program*.

As a reminder, if your child has not been swimming for an extended period of time, place them in the level they had last participated in, whether or not they were passed to the next level. Swimming, like any skilled discipline, requires some skill review before additional progress can be made by the participant.

PARENT & CHILD AQUATICS (PC1) ~

grouped by age – 6 months through 3 years old

Purpose - to familiarize young children (from ages 6 months to 3 years) o the water & prepare them to learn to swim in the American Red Cross Preschool Aquatics & onto the Learn-to-Swim courses. It is not designed to teach children to become good swimmers or to survive in the water on their own.

Prerequisites - no skills prerequisites; child must be at least 6 months old to enroll. *Parent or other caregiver must accompany each child into the water & participate in each class.*

Learning Objectives PC1 - learn to ask for permission before entering the water; learn how to enter & exit the water in a safe manner; feel comfortable in the water; explore submerging to the mouth, nose & eyes completely; explore buoyancy on the front & back position; change body position in the water with support; learn basic water safety rules & how to avoid water hazards around the home; learn about the importance of wearing a life jacket & experience wearing one; learn how to stay safe in, on & around the water, including knowing how to stay safe in the sun & how to avoid recreational water illnesses; learn how to call for help & the importance of knowing first aid & CPR.

PARENT & CHILD AQUATICS (PC2) ~

grouped by age – 6 months through 3 years old

Purpose - to familiarize young children (from ages 6 months to 3 years) o the water & prepare them to learn to swim in the American Red Cross Preschool Aquatics & onto the Learn-to-Swim courses. It is not designed to teach children to become good swimmers or to survive in the water on their own.

Prerequisites - no skills prerequisites; child must be at least 6 months old to enroll. *Parent or other caregiver must accompany each child into the water & participate in each class.*

Learning Objectives PC2 – learn to expect adult supervision near the water; learn more ways to enter & exit the water in a safe manner; explore submerging in a rhythmic pattern completely; glide on front & back with assistance; perform combined stroke on front & back with assistance; change body position in the water; learn about the importance of wearing a life jacket & experience wearing one; learn how to stay safe in & around various aquatic environments; learn how to recognize an emergency, call for help & perform simple non-swimming assists; learn steps to take to avoid overexposure to direct sunlight; learn to look carefully before entering the water; learn what to think about & do when exhausted or caught in a dangerous situation.

PRESCHOOL AQUATICS (PA1)~

grouped by age – 4 & 5 years old

Preschool Aquatics 1 (PA1)

Purpose - to orient preschool-age children to the aquatic environment & to help them acquire rudimentary levels of basic aquatic skills.

Prerequisites - no skills prerequisites for Preschool Aquatics 1.

Learning Objectives – enter & exit water using ladder, steps & side; blow bubbles through mouth & nose; submerge mouth, nose & eyes; open eyes under water & retrieve submerged objects; front & back glides & recover to a vertical position; roll from front to back & back to front; tread with arms & hand actions; alternating & simultaneous leg actions on front & back; alternating & simultaneous arm actions on front & back; experience wearing a life jacket in the water; learn how to stay safe, including recognizing an emergency & knowing how to call for help; learn how to stay safe in, on & around the water, including the use of a life jacket, recognizing lifeguards & sun safety.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment (can be done with support): 1) enter independently, using either the ladder, steps or side, travel 5 yards, submerge to mouth & blow bubbles for at least 3 seconds then safely exit the water (children can walk, move along the gutter or “swim”); 2) while in shallow water, glide on front at least 2 body lengths, then roll to back & float on back for 3 seconds then recover to a vertical position.

PRESCHOOL AQUATICS (PA2)~

grouped by age – 4 & 5 years old

Preschool Aquatics 2 (PA2)

Purpose – to build on the basic exit skills assessments from Preschool Aquatics 1.

Prerequisites – successfully demonstrate the exit skills assessments from Preschool Aquatics 1.

Learning Objectives – enter water by stepping in; exit water using ladder, steps or side; bobbing; open eyes under water & retrieve submerged objects; front & back floats & glides; recover from a front or back float or glide to a vertical position; roll from front to back & back to front; tread water using arm & leg actions; combined arm & leg actions on front & back or back; finning arm action on back; learn how to stay safe, including recognizing an emergency & knowing how to call for help; learn how to stay safe in, on & around the water, including the use of a life jacket, recognizing lifeguards & sun safety.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment (can be done with assistance): 1) glide on front at least 2 body lengths, roll on back, float on back for 5 seconds then recover to a vertical position; 2) glide on back for at least 2 body lengths, roll to front, float for 5 seconds then recover to a vertical position; 3) swim using combined arm & leg actions on front for 3 body lengths, roll to back, float for 5 seconds, roll to front then continue swimming on front for 3 body lengths.

PRESCHOOL AQUATICS (PA3) ~

grouped by age – 4 & 5 years old

Preschool Aquatics 3 (PA3)

Purpose – to increase proficiency & build on the basic aquatic skills learned in Preschool 1 & 2 by providing additional guided practice with increased distances & times.

Prerequisites – successfully demonstrate the exit skills assessment of Preschool 2.

Learning Objectives – enter water by jumping in; fully submerge & hold breath; bobbing; front, jellyfish & tuck floats; recover from a front or back float or glide to a vertical position; back float & glide; change direction of travel while swimming on front & back; combined arm & leg actions on front & back; tread water using arm & leg actions; learn how to stay safe, including recognizing an emergency & knowing how to call for help; learn how to stay safe in, on & around the water, including the use of a life jacket, Recognizing lifeguards & sun safety.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment: 1) step from side into chest-deep water, move into a front float for 5 seconds, roll to back, float for 5 seconds then return to a vertical position; 2) move into a back float for 5 seconds, roll to front then recover to a vertical position; 3) push off & swim using combined arm & leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to front then continue swimming for 5 body lengths (you can assist the child when taking a breath).

LEARN-TO-SWIM LEVELS ~ grouped by swimming skills –

1st Grade & Up

Learn-to-Swim Level 1 (L1): Introduction to Water Skills

Purpose – to begin developing positive attitudes, good swimming habits & safe practices in & around the water.

Prerequisites - no skills prerequisites.

Learning Objectives – enter & exit water using ladder, steps or side; blow bubbles through mouth & nose; bobbing; open eyes under water & retrieve submerged objects; front & back glides & floats; recover to vertical position; roll from front to back & back to front; tread water using arms & hand actions; alternating & simultaneous leg actions on front & back; alternating & simultaneous arm actions on front & back; combined arm & leg actions on front & back; learn how to stay safe, including recognizing an emergency & knowing how to call for help; learn how to stay safe in, on & around the water, including the use of a life jacket, recognizing lifeguards & sun safety.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment: 1) enter independently, using either the ladder, steps or side, travel 5 yards, bob 3 times then safely exit the water (participants can walk, move along the gutter or “swim”); 2) glide on front at least 2 body lengths, roll to a back float for 3 seconds & recover to a vertical position (this part of the assessment can be performed with support).

1st Grade & Up

Learn-to-Swim Level 2 (L2): Fundamental Aquatic Skills

Purpose – to give participants success with fundamental skills, including how to float without support & to recover to a vertical position.

Prerequisites – valid American Red Cross Learn-to-Swim Level 1: Introduction to Water Skills certificate OR successful demonstration of all certification requirements from Level 1.

Learning Objectives – enter & exit water by stepping or jumping from the side; fully submerge & hold breath; bobbing; open eyes under water & retrieve submerged objects; front, jellyfish & tuck floats; recover to vertical position; roll from front to back & back to front; change direction of travel while swimming on front or back; tread water using arm & leg actions; combined arm & leg actions on front & back; finning arm action; learn how to stay safe, including recognizing an emergency, knowing how to call for help & perform simple nonswimming assists; learn how to stay safe in, on & around the water, including the use of a lifejacket, recognizing lifeguards & sun safety; learn to look carefully before entering water; learn what to think about & do when exhausted or caught in a dangerous situation.

Certification Requirements - demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment: 1) step from side into chest-deep water, move into front float for 5 seconds, roll to back, float 5 seconds then return to a vertical position; 2) move into a back float for 5 seconds, roll to front then recover to a vertical position; 3) push off & swim using combined arm & leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to the front then continue swimming for 5 body lengths (you can assist the participant when taking a breath).

LEARN-TO-SWIM LEVELS ~ grouped by swimming skills –

1st Grade & Up

Learn-to-Swim Level 3 (L3): Stroke Development

Purpose – to build on the skills in Level 2 by providing additional guided practice in deeper water.

Prerequisites - valid American Red Cross Learn-to-Swim Level 2: Fundamental Aquatic Skills certificate OR successful demonstration of all certification requirements from Level 2.

Learning Objectives – enter water by jumping from the side; headfirst entries from the side in sitting & kneeling positions; bobbing while moving toward safety; rotary breathing; survival float; back float; change from vertical to horizontal position on front & back; tread water; flutter, scissor, dolphin & breaststroke kicks on front; front crawl & elementary backstroke; learn to look carefully before entering water; learn to perform simple nonswimming assists; learn to recognize, prevent & respond to cold water emergencies.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment: jump into deep water from the side, swim front crawl for 15 yards, maintain position by treading or floating for 30 seconds & swim elementary backstroke for 15 yards.

1st Grade & Up

Learn-to-Swim Level 4 (L4): Stroke Improvement

Purpose – to develop participants' confidence in the strokes learned in Level 3 & to improve other aquatic skills.

Prerequisites - valid American Red Cross Learn-to-Swim Level 3: Stroke Development certificate OR successful demonstration of all certification requirements from Level 3.

Learning Objectives – headfirst entries from the side in compact & stride positions; swim under water; feet first surface dive; survival swimming; front crawl & backstroke open turns; tread water using 2 different kicks; front & back crawl, elementary backstroke, breaststroke, sidestroke & butterfly; flutter & dolphin kicks on back; learn to look carefully before entering the water; learn what to think about & do when exhausted or caught in a dangerous situation; learn to perform simple nonswimming assists; learn about recreational water illnesses & how to prevent them.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment: 1) perform feet first entry into deep water, swim front crawl for 25 yards, change direction & position as necessary & swim elementary backstroke for 25 yards; 2) swim breaststroke for 15 yards, change direction & position as necessary & swim back crawl for 15 yards.

LEARN-TO-SWIM LEVELS ~ grouped by swimming skills –

LEARN-TO-SWIM LEVELS ~

grouped by swimming skills –

1st Grade & Up

Learn-to-Swim Level 5 (L5): Stroke Refinement

Purpose – to further learn how to coordinate & refine strokes.

Prerequisites - valid American Red Cross Learn-to-Swim Level 4: Stroke Improvement certificate OR successful demonstration of all certification requirements from Level 4.

Learning Objectives – shallow-angle dive from the side then glide & begin a front stroke; tuck & pike surface dives, submerge completely; front flip turn & backstroke flip turn while swimming; front & back crawl, elementary backstroke, breaststroke, sidestroke & butterfly; sculling; learn to look carefully before entering the water; learn what to think about & do when exhausted or caught in a dangerous situation; learn to perform simple nonswimming assists; learn about recreational water illnesses & how to prevent them; learn how to call for help & the importance of knowing first aid & CPR; learn basic safety guidelines for participating in aquatic activities at water parks.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment: 1) perform shallow angle dive into deep water, swim front crawl for 50 yards, change direction & position of travel as necessary & swim elementary backstroke for 50 yards; 2) swim breaststroke for 25 yards, change direction & position of travel as necessary & swim back crawl for 25 yards.

Learn-to-Swim Level 6 (L6P): Personal Water Safety

Purpose – to refine strokes so participants swim them with more ease, efficiency, power & smoothness & over greater distances; to teach students how to prevent aquatic emergencies in various aquatic environments; to introduce & practice self-rescue techniques.

Prerequisites - valid American Red Cross Learn-to-Swim Level 5: Stroke Refinement certificate OR successful demonstration of all certification requirements from Level 5.

Learning Objectives – increase endurance while performing the following strokes: front crawl 100 yards, back crawl 100 yards, butterfly 50 yards, elementary backstroke 50 yards, breaststroke 50 yards, sidestroke 50 yards; demonstrate the following turns while swimming: front crawl open turn, backstroke open turn, sidestroke turn, front flip turn, backstroke flip, butterfly turn, breaststroke turn; tread water, kicking only, in deep water (2 minutes); demonstrate a feet-first surface dive & retrieve & object from depth of 7 feet; demonstrate the HELP position (2 minutes); demonstrate the huddle position (2 minutes); demonstrate a survival float in deep water (5 minutes); demonstrate a back float in deep water (5 minutes); demonstrate survival swimming (10 minutes); swim while clothed, using any type of stroke if time permits; demonstrate self-rescue techniques while clothed if time permits; discuss basic safety rules for open water environment & boating.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment: 1) swim 500 yards continuously using any 3 strokes of your choice, swimming at least 50 yards of each stroke; 2) jump into deep water, perform a survival float for 5 minutes, roll onto back & perform a back float for 5 minutes; 3) swim 20 yards, perform a feet first surface

dive, retrieve an object from the bottom of the pool at a depth of 7-10 feet, return to the surface & swim 20 yards back to starting point.

Learn-to-Swim Level 6 (L6F): Fitness Swimmer

Purpose – to refine strokes so participants swim them with more ease, efficiency, power & smoothness & over greater distances.

Prerequisites - valid American Red Cross Learn-to-Swim Level 5: Stroke Refinement certificate OR successful demonstration of all certification requirements from Level 5.

Learning Objectives – increase endurance while performing the following strokes: front crawl 100 yards, back crawl 100 yards, butterfly 50 yards, elementary backstroke 50 yards, breaststroke 50 yards, sidestroke 50 yards; demonstrate the following turns while swimming: front crawl open turn, backstroke open turn, sidestroke turn, front flip turn, backstroke flip, butterfly turn, breaststroke turn; demonstrate etiquette in fitness swimming; demonstrate etiquette in fitness swimming; discuss & demonstrate how to use the following equipment while swimming: pull buoy, fins, pace clock, paddles; describe the principles of setting up a fitness program; demonstrate various training techniques; calculate target heart rate; apply the principles of water exercise.

Certification Requirements – demonstrate competency in all required skills & activities, including in-water skills; successfully complete the following exit skills assessment: swim 500 yards continuously using any 3 strokes of your choice, swimming at least 50 yards of each stroke; perform the 12-minute Cooper swim test & compare results with the preassessment results (swim for 12-minutes to cover the greatest distance possible, using whatever stroke is preferred; rest as necessary, but go as far as possible).

Program Days & Times for Full Sessions

<i>1 Session = 8 Classes</i>	Mon	Mon	Tues	Tues	Wed	Wed	Thurs	Thurs	Fri	Fri	Sat	Sat
Registration Dates Residents @ 7:00 pm Non-Residents @ 7:30 pm	*****	½ Session see next page	*****	04/07/10	*****	04/01/10	*****	04/09/10	*****	½ Session see next page	*****	½ Session see next page
Start Dates	*****	*****	02/16/10	04/27/10	02/10/10	04/21/10	02/18/10	04/29/10	*****	*****	*****	*****
End Dates	*****	*****	04/06/10	06/15/10	03/31/10	06/09/10	04/08/10	06/17/10	*****	*****	*****	*****
No Classes On	*****	*****	N/A	N/A	N/A	N/A	N/A	N/A	*****	*****	*****	*****
Parent/Child 1	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	8:30 am	8:30 am
Parent/Child 2	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	9:00 am	9:00 am
Preschool Aquatics 1	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	8:30 am	8:30 am
Preschool Aquatics 2	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	9:00 am	9:00 am
Preschool Aquatics 3	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	9:30 am	9:30 am
Level 1 or 2	6:00 pm	6:00 pm	4:30 pm	4:30 pm	6:00 pm	6:00 pm	4:30 pm	4:30 pm	N/A	N/A	9:30 am	9:30 am
Level 3 or 4	6:45 pm	6:45 pm	5:15 pm	5:15 pm	6:45 pm	6:45 pm	5:15 pm	5:15 pm	N/A	N/A	10:15 am	10:15 am
Level 5 or 6F or 6P	7:30 pm	7:30 pm	6:00 pm	6:00 pm	7:30 pm	7:30 pm	6:00 pm	6:00 pm	N/A	N/A	11:00 am	11:00 am

Fee Scale by Program

CHECKS ONLY	<i>1 Session = 8 Classes</i>		
Payable to: City of Shelton	Pool Member	Shelton Resident	Non-Shelton Resident
Parent/Child 1	\$50.00	\$55.00	\$70.00
Parent/Child 2	\$50.00	\$55.00	\$70.00
Preschool Aquatics 1	\$50.00	\$55.00	\$70.00
Preschool Aquatics 2	\$50.00	\$55.00	\$70.00
Preschool Aquatics 3	\$50.00	\$55.00	\$70.00
Level 1 or 2	\$55.00	\$60.00	\$75.00
Level 3 or 4	\$55.00	\$60.00	\$75.00
Level 5 or 6F or 6P	\$55.00	\$60.00	\$75.00

Program Days & Times for ½ Sessions

<i>1/2 Session = 4 Classes</i>	Mon	Mon	Tues	Tues	Wed	Wed	Thurs	Thurs	Fri	Fri	Sat	Sat
Registration Dates Residents @ 7:00 pm Non-Residents @ 7:30 pm	*****	04/20/10	*****	*****	*****	*****	*****	*****	*****	04/26/10	*****	04/26/10
Start Dates	03/01/10	05/10/10	*****	*****	*****	*****	*****	*****	02/26/10	05/14/10	02/27/10	05/15/10
End Dates	04/19/10	06/04/10	*****	*****	*****	*****	*****	*****	04/23/10	06/11/10	04/24/10	06/12/10
No Classes On	N/A	05/31/10	*****	*****	*****	*****	*****	*****	04/02/10	05/28/10	04/03/10	05/29/10
Parent/Child 1	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	8:30 am	8:30 am
Parent/Child 2	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	9:00 am	9:00 am
Preschool Aquatics 1	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	9:30 am	8:30 am	8:30 am
Preschool Aquatics 2	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	10:00 am	9:00 am	9:00 am
Preschool Aquatics 3	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	10:30 am	9:30 am	9:30 am
Level 1 or 2	6:00 pm	6:00 pm	4:30 pm	4:30 pm	6:00 pm	6:00 pm	4:30 pm	4:30 pm	N/A	N/A	9:30 am	9:30 am
Level 3 or 4	6:45 pm	6:45 pm	5:15 pm	5:15 pm	6:45 pm	6:45 pm	5:15 pm	5:15 pm	N/A	N/A	10:15 am	10:15 am
Level 5 or 6F or 6P	7:30 pm	7:30 pm	6:00 pm	6:00 pm	7:30 pm	7:30 pm	6:00 pm	6:00 pm	N/A	N/A	11:00 am	11:00 am

Fee Scale by Program

CHECKS ONLY	<i>1/2 Session = 4 Classes</i>		
Payable to: City of Shelton	Pool Member	Shelton Resident	Non-Shelton Resident
Parent/Child 1	\$25.00	\$27.50	\$35.00
Parent/Child 2	\$25.00	\$27.50	\$35.00
Preschool Aquatics 1	\$25.00	\$27.50	\$35.00
Preschool Aquatics 2	\$25.00	\$27.50	\$35.00
Preschool Aquatics 3	\$25.00	\$27.50	\$35.00
Level 1 or 2	\$27.50	\$30.00	\$37.50
Level 3 or 4	\$27.50	\$30.00	\$37.50
Level 5 or 6F or 6P	\$27.50	\$30.00	\$37.50

Return to POOL OFFICE with CHECK only payable to the City of Shelton

REGISTRATION FORM ~ Little People's Aquatic Program

Name _____ (only 1 name per form)

Date of Birth ___/___/___ Confirmed By _____(staff initials)



All Registrations are taken on a 1st come, 1st serve basis according to teacher availability and the dates & times listed.