



City of Shelton

Parks & Recreation Department
41 Church Street, Shelton, CT 06484-0668

(203) 925-8422

Info/Cancellation (203) 331-4120

www.cityofshelton.org, Community Services, Recreation



Community Center **GYM SCHEDULE**

- **MEMBERSHIPS are mandatory** to use the gym for basketball for high school age & older.
Those with Pool or Fitness Room Memberships do not need to purchase a basketball membership.
- All individuals must sign in to use the gym.
- **PEOPLE SHOULD NOT BRING THEIR OWN BASKETBALLS.**
- All equipment, including locker room facilities, is provided by the Parks & Recreation Department.
- Do not leave personal items overnight. Bring your own lock 🔒.
- Rentals: The fee is \$50 per hour. Check the office for details.
- ***Open Gym** - for all ages. Children in grade 4 or under require adult supervision.
- In case of inclement weather call the cancellation phone # **331-4120**.

MEMBERSHIP FEES



January 1 - December 31

High School Students (Residents Only)\$10.00
Shelton Adult Residents (18 yrs & older)....\$40.00

Full-time Shelton Worker\$60.00
Non-Resident\$80.00

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 – 8:30 Open Gym*	6:30 – 11:30 Open Gym*	6:30 – 8:30 Open Gym*	6:30 – 11:30 Open Gym*	6:30 – 9:30 Open Gym*	9:00 – 12:30 Grades 4 – 8 Students
8:30 – 10:30 Fitness Classes		8:30 – 10:30 Fitness Classes		9:45-10:45 Fitness Classes	
10:30 – 11:30 Open Gym*		10:30 – 11:30 Open Gym*		11:00 – 11:30 Open Gym*	
11:30 – 2:00 Adult Gym Age 18 +	11:30 – 2:00 Adult Gym Age 18 +	11:30 – 2:00 Adult Gym Age 18 +	11:30 – 2:00 Adult Gym Age 18 +	11:30 – 2:00 Adult Gym Age 18 +	12:30 - 2:30 High School Students & Over
2:00 – 4:00 High School Students	2:00 – 4:00 High School Students	2:00 – 4:00 High School Students	2:00 – 4:00 High School Students	2:00 – 4:00 High School Students	2:45 - 3:45 Gym Rental
4:00 – 6:00 Grades 4 – 8 Students	4:00 – 6:00 Grades 4 – 8 Students	4:00 – 6:00 Grades 4 – 8 Students	4:00 – 6:00 Grades 4 – 8 Students	4:00 – 6:00 Grades 4 – 8 Students	CC Closed
6:00 – 8:30 Cardiokickboxing	6:00 – 8:30 Cardiokickboxing	6:00 – 8:30 Cardiokickboxing	6:00 – 8:30 Cardiokickboxing	6:00 – 7:00 Gym Rental	CC Closed
8:30 – 9:30 Gym Rental	8:30 – 9:30 Gym Rental	8:30 – 9:30 Gym Rental	8:30 – 9:30 Gym Rental	7:00 - 9:00 Adult Gym Age 18 +	CC Closed